

# East Down and Arlington Newsletter



2024



## February Coffee Morning



A great chance to meet new friends in a very relaxed atmosphere. This is an extremely popular village activity.

This month was hosted by the ever wonderful, Whizzy Wendy and Trolley Dolly Phil Down. There was a special birthday in the village as Lis Kempf turned a blushing 22 years old and our dynamic duo set to work to ensure the hall was suitably decorated with the appropriate 'Birthday Girl' banners.



The chocolate birthday cake was provided by Marks and Spencer's, courtesy of Ann Norton.



The next coffee morning will be held on **Thursday 7<sup>th</sup> March** at 10.30 a.m. If you haven't been before, why not pop along for a chat and bring along a plate of something sweet or savoury to share, all drinks supplied. All we ask is a small donation towards the upkeep of the Village Hall.



*Thank you from Lis Kempf*

*Lis would like to thank everyone involved for making the morning so special. She was completely surprised, astonished and overwhelmed by everyone's kindness and sends special thanks to Wendy, Phil and Ann for organising such a lovely time.*

## East Down Library Service



Hi all. You may be aware that as of the end of February, the mobile library has been withdrawn from service.

Following discussions, we intend to set up a community library in the Village Hall. Initially we will open the hall once a month for a "library morning" and when the entrance porch has been refurbished, we intend to continue with the mornings as well as having a selection of open access books in the porch.

To begin with, the library will operate with donated books but we are exploring options with Devon Libraries to access their stock of books. We will keep you informed of progress.

**We are making an appeal for people to donate their old books, DVD's, jigsaws and periodical magazines to allow us to set up a Community Library in East Down Village Hall.**

We have a storage container in the porch of the Village Hall where items can be dropped off, alternatively you can bring them along to any scheduled events or we can arrange collections. If you require collection, please email us on [eastdownnews@yahoo.com](mailto:eastdownnews@yahoo.com) or ring on 01271 889051 to arrange.

## East Down with Arlington Church

We held a very successful Bingo evening at The Old Station Inn Blackmoor Gate on 16th February raising the grand total of £500. Thank you for supporting us with all the raffle prizes given and for coming to have a go!

A joint meeting will be held on Thursday 7th March for the PCC together with the Friends group to discuss arrangements for the service on Easter Sunday 31st March 11.15a.m. We're hoping to have an Easter Egg Hunt at East Down church as well on that day. The meeting is at the village hall starting at 7.00 p.m. Hope you'll be able to come.

We also need to discuss the flower/cleaning of the church at this meeting to suit everyone.

Take care,  
Julie Kift, Church warden

## February 100 Club Draw

This month's winner was Myrtle Mather with Phil Green scooping second spot. Congratulations all. As ever we are always on the look-out for new members so if you fancy taking part, please contact Rod Crossman 850704 [rodcrossman@hotmail.co.uk](mailto:rodcrossman@hotmail.co.uk) or Ray Thomas 850464 for more information on joining the draw.

## Village Hall Activities

**The Parochial Church Council (PCC) - Julie Kift 07763 537136**

**Art Group** Margaret Smith 850727

**Table Tennis** Gill Parker 850549

**Young farmers** Meg 07947372705

### Village Hall March Diary

Coffee Morning	Thursday 7 <sup>th</sup>	10.30 a.m.
PCC Friends	Thursday 7 <sup>th</sup>	7.00 p.m.
YFC	Friday 8 <sup>th</sup>	7.00 p.m.
EDVH	Monday 11 <sup>th</sup>	6.00 p.m.
EDPC	Monday 18 <sup>th</sup>	7.00 p.m.
Table Tennis	Tuesdays	7.00 p.m.
Art Club	Wednesdays	10.00 a.m.

If you would like to hire the Village Hall,  
**Please contact Ray Thomas for bookings on 850464.**

## Arlington Court

**Winter warmer well-being walks 1st to 22nd March 10.30 a.m. to 12.00 noon**

**A series of gentle, sociable walks led by our Walking Volunteers on the beautiful estate.**

These walks are for anyone who wants to connect with others and the outdoors, while in a safe and supported environment.

This event is free.

### Meeting point

On arrival walk down the main path, past the welcome centre towards the café, where you will be met by our walking volunteers.

### What to bring and wear

Sensible footwear, warm clothes and waterproofs. Dress for the weather.

**The Lady Gardeners Club – 31st March 10.00 a.m. - 12.00 noon**

The Lady Gardeners club is a passion project run by the Gardeners Co. This club has been created to give local women a place to meet new people and share their passions.

From sowing and growing to garden DIY, crafts and cooking, they will cover a whole host of topics and tasks in 2024 with a bunch of amazing women. These sessions will last for 2 hours from 10.00 a.m.-12 noon. No experience needed.

These sessions are £10 per session and include tea/coffee and sweet treats with the occasional take home activity.

To find out more and to book your place please visit:

<https://thegardenerscollective.co.uk/products/the-lady-gardeners-club-tickets>



## The Newsletter

If you would like to send a photograph or an article or just share a message within the parishes of East Down and Arlington, we would love to hear from you. You can contact us, Mike and Sally at [eastdownnews@yahoo.com](mailto:eastdownnews@yahoo.com)

## Local's week at Arlington Court - Free Entry 26th Feb - 3rd March

We invite you to enjoy a week of free fun at Arlington Court and the National Trust carriage museum. Simply bring along your driving licence or bill to prove you live in an EX3 postcode area to gain free entry.

Explore the impressive Regency house and collections of artefacts from model ships to shells.

Join in the hunt for things that don't belong hidden throughout the collections (ask a team member in the house for a trail sheet).

Get our model horse, Dandy, ready for a ride or see how you compare in size to a draft horse at the carriage museum.

Walk through stunning formal and walled gardens or explore over 20 miles of footpaths.

Have fun on our free family trail and when you're done exploring, grab a light lunch or a yummy treat at the tearoom or browse for a bargain book or two at the second-hand bookshop.

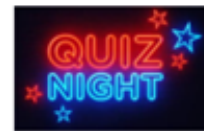
**Berrynarbor Manor Hall.**  
**7.30 p.m. to 9.00 p.m.**

### Friday 1st March - Last Chance Saloon

Join us for another Beaford Arts evening - a multi-story theatre.

A long-distance relationship fuelled by tango sessions in Buenos Aires. A multi-story mix of tales ancient and modern, music, song and tango.

[Tickets £12 including pudding - bring your own drinks. See Beaford Website for more info.](#)



**Kentisbury Village Hall.**  
**Saturday 16th March 2024**

**7.00 p.m.**

**Featuring Tom Gould**



**North Devon's premier quiz master.**

**Only £7.50 p.p, supper included (including vegan/gluten free option), great prizes.**

**Maximum of 6 people per team**

**Call Molly on 01271 883506 to book**

**PLEASE COME ALONG**

**ALL WELCOME**





# BIG BREAKFAST

AT LOXHORE VILLAGE HALL  
Saturday 23<sup>rd</sup> March

SITTINGS AT  
9.30am and 11am  
£7.50 per person

**BOOKING ONLY**, please give  
dietary requirements  
PHONE SUE ON  
01271 850559  
by 18<sup>th</sup> March

ST THOMAS' CHURCH, KENTISBURY  
**EASTER SUNDAY**

# DAWN SERVICE

31 MARCH 2024

# 6 AM

**HOLLACOMBE FARM**  
with Breakfast!

## Shirwell Pop Up Pub



The next date for your diary will be  
Saturday 30<sup>th</sup> March 7.00 p.m. to 10.30  
p.m. in the Village Hall.

Drinks cost £3 per glass or £2 non-  
alcoholic. Drinks include lager, a selection  
of ales, cider, wine, Prosecco, gin, vodka  
and whisky. We also have non-alcoholic  
lager, coke, J20 and lemonade.  
The bar is cash only.

This time the catering will be provided by  
the "Whiddon Fryer" providing all the  
normal food you would expect at a fish  
and chip shop.

<b>Pentecost</b> Sunday 19 May - Family Service Lammas Day Sunday 21 July - Holy Communion	<b>Monday 21 May</b> Mother's Day Craft and Family service in church 2 - 4 pm	<b>Dawn Service</b> <b>Easter Sunday</b> 31 March at 6 am <b>Hollacombe</b> Blackmore Gate with breakfast after!	 Easter
<b>WHAT ON:</b> KENTISBURY VILLAGE HALL SATURDAY 23 MARCH at 7.30pm			

ST THOMAS' CHURCH, KENTISBURY  
- SPRING/SUMMER DATES FOR 2024 -

<b>Coffee Mornings in church:</b> Second Wednesday of each month with table-top sale: 8 May, 12 June, 10 July, 14 August, 11 September	
<b>HOLLACOMBE FARM:</b> -Family Fun BBQ & Dog Show Sat 6 July, 2 pm -BARN DANCE Fri 23 Aug OGGLE BAND CEILIDH	<b>BINGO!</b> at Old Barn, Hollacombe Farm FRIDAY 17 MARCH at 7.30 pm 

## Easter Bingo



**East Down Village Hall**

**Wednesday 10<sup>th</sup> April**

**Doors open 6.30 p.m. Eyes down 7.00 p.m.**

**Adults £5.00 a book, children £3.00 a book.**

**Raffle (all donations gratefully received)**

**Tea, coffee, squash and cake included or for those so inclined, bring your own tittle.**

**Booking essential. Contact Wendy 07947 656735 or 01271 850548**



### **Bugford, EastDown Road Closure**

South West Water are planning to close the road through Bugford to complete utility works near Gratton Cottage between 26th Feb and 5th March. If you require any more information, please contact the helpline on 0344 346 2020 quoting work ref: LM501NC10443964.

## East Down Quiz

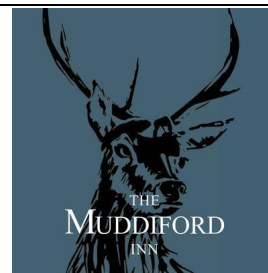
Date for the diary

We are planning to host a summer quiz at  
**East Down Village Hall**

**Saturday 8th June**

To raise funds for the charity IAFN (It's All For Nepal).

Look out for more information nearer the time.



### **Every Thursday Night - Catch of the Day**

Freshly caught local fish served with a glass of house wine followed by a classic crem brulee £24.95.



### **Every Friday Night - Surf and Turf**

Prime 28-day aged rump steak, garlic and seaweed buttered prawns, homemade sticky toffee pudding with clotted cream and a glass of house wine £26.95.



## Marwood Gardens

### Gardens and Nursery Opening Times

2024 Opening Hours – We will re-open fully from 1st March 2024.

Marwood Hill Gardens Plant Nursery will be open from March – October 2024,

but you can still buy plants online at: <https://shop.marwoodhillgarden.co.uk/>

### Tea Room Opening Times

2024 Opening Hours – We will re-open fully from 1st March 2024.

### Admission

Adults: £10

Concessions: £9

Children (ages 12-16) £5.50. Under 12's go for free

### Membership

Free entry to Marwood Hill Gardens. For 2024 annual Season Tickets will be £35.00 single and Joint Membership [2 people living at the same address] for £55.00. Special events for Season Ticket Holders are planned each year. Find out more on our [membership page](#)



### Daffodowndilly

*by A.A. Milne*

She wore her yellow sun-bonnet,  
She wore her greenest gown;  
She turned to the south wind  
And curtsied up and down.  
She turned to the sunlight  
And shook her yellow head,  
And whispered to her neighbour:  
"Winter is dead."

## Exmoor

### Dulverton Easter Craft Fair - Town Hall 30th March 2024 - 10.00 a.m. - 3.00 p.m.

26 local artisan traders await, each offering unique products, crafted themselves to an excellent standard. Expect to find real ales, chocolate, dog apparel, soaps, fudge, cocktails, a variety of different art styles, cider, jewellery, flowers, cake, and much more besides.

Free entry, all welcome, dog friendly, wheelchair accessible venue. Tea/coffee/soft drinks available

### Pastels for Beginners with Beryl

23rd March 2024 / 10.30 a.m. - 1.30 p.m.  
Lynmouth Pavilion

New for 2024, Beryl shares her significant experience as a freelance professional artist with us each month. She begins with an insight into the wonderful world of pastels. Bring your own pastels, if you have them, paper will be supplied. Booking essential on 01598 752509 £25 per person or book 3 months for £65.

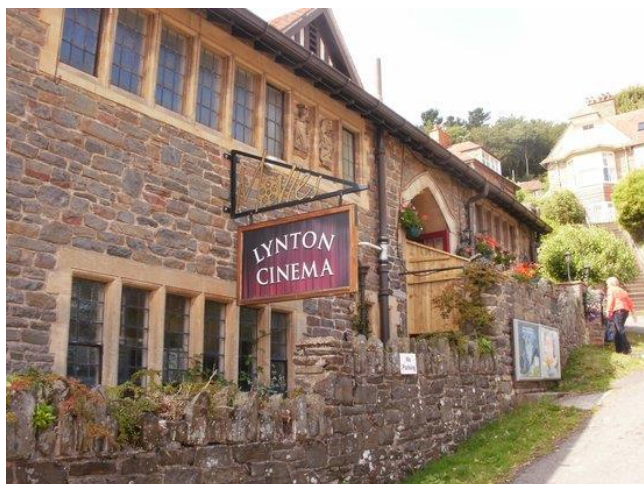
**South Molton Pannier Market** is definitely worth a visit if you have not been before. It has recently won Best Community Market at the National Market Awards.

The market takes place twice a week on Thursdays and Saturdays from 8.30 a.m. until 1.00 p.m. and stalls include vegetables, cheeses, art work, pastries, wool and fabric to name just a few. There's even a stall for a coffee and something to keep you going until lunch time.





## Lynton Cinema



### **Wicked Little Letters (15) Fri 1st to Thur 7th 8.00 p.m. daily (matinee Mon 2.30 p.m.)**

A genteel coastal town of the 1920s is scandalised when residents are plagued with obscenity-filled letters in this UK comedy drama, in which crude language and sex references are accompanied by a theme of domestic abuse.

### **Where is Heaven Sat 2nd and Sun 3rd 2.30 p.m.**

### **Argylle (12A) Fri 8th to Thur 14th 8.00 p.m. daily (matinee 2.30 p.m. Monday)**

From the twisted mind of Matthew Vaughn (Kingsman franchise, Kick-Ass) comes Argylle, a razor-witted, reality-bending, globe-encircling spy thriller. Bryce Dallas Howard (Jurassic World franchise) is Elly Conway, the reclusive author of a series of best-selling espionage novels.

### **The Holdovers (15) Fri 15th to Thur 21st 8.00 p.m. daily (matinee 2.30 p.m. Monday)**

From acclaimed director Alexander Payne, THE HOLDOVERS follows a curmudgeonly instructor (Paul Giamatti) at an elite New England prep school who is forced to remain on campus during Christmas break to babysit the handful of students with nowhere to go. Eventually he forms an unlikely bond.

### **Dagr Sat 16th and Sun 17th 2.30 p.m.**

Fame seeking YouTubers find themselves in a paranormal nightmare when the fashion commercial they are stealing from soon turns from a glossy Jean-Luc Goddard homage into a Blair Witch paranormal nightmare.

### **Mean Girls (12A) Fri 22nd to Thur 28th 8.00 p.m. daily (matinee Monday 2.30 p.m.)**

From the comedic mind of Tina Fey comes a new twist on the modern classic, MEAN GIRLS. New student Cady Heron (Angourie Rice) is welcomed into the top of the social food chain by the elite group of popular girls called "The Plastics," ruled by the conniving queen bee Regina George (Reneé Rapp).

### **Ghostbusters : Frozen Empire Fri 29th to Sun 31st daily 2.30 p.m. and 8.00 p.m.**

The Spengler family returns to where it all started - the iconic New York City firehouse - to team up with the original Ghostbusters, who've developed a top-secret research lab to take busting ghosts to the next level.

**Check on line for further details and ring 01598 753397 to make reservations.**

## Local Businesses

### Besshill farm shop

01271 850311. [besshillfarmshop.co.uk](http://besshillfarmshop.co.uk)

Open Monday to Saturday 9.30 a.m. to 5.00 p.m.

Visit Besshill Farm Shop today. All of our meat is free range and comes from within the West Country, as we always want to offer the freshest produce we can. For latest news, please see our Facebook page and website. We look forward to seeing you all,

**The Besshill Team.**

## Charlie Dixon Counselling & Psychotherapy

**Approachable, relaxed counsellor providing reassuring support & solutions to your problems.**

**Based in Kentisbury, offering flexible appointments, including evenings.**

**Free introductory appointment.**

**Please get in touch to discuss how I can help you on:**

**07870 281356**

**[charliedixoncounselling@hotmail.com](mailto:charliedixoncounselling@hotmail.com)**

**[www.charliedixoncounselling.co.uk](http://www.charliedixoncounselling.co.uk)**

### Pyne Arms 01271 850055

Open Wednesday to Saturday 5.00 p.m. until late  
(food served 5.30 p.m. to 8.45 p.m.)

Open Sundays 12.00 noon until 4.00 p.m. (food served 12.00 noon to 4.00 p.m.)

For any more information, check the website, Facebook page or ring 01271 850055.

# Pavilion stores & café

**Opening Times**  
Mon-Sat 8.30am to 5.30pm  
Sun 9am to 1pm  
**Tel: 01598 763569**  
**shopinfo@parracombe.org.uk**  
Parracombe Lane, Parracombe EX31 4QL



 Find us on Facebook  
Search 'Parracombe Stores'



Open daily 12 noon til late.

Check out the website or Facebook for contact details, opening times and menus.